

Welcome to the 37th year of Idre O-Week!
We use Sportident punching system on all competitions.

N.B.! On the Sportident punching units, all SOUNDS ARE TURNED OFF, but for the last control and by finish line.

O-WEEK EVENT CENTER

is located in conference room Lappspiran in the Main building, Idre Fjäll. Telephone +46-253-41455 or +46-70-7465812.

CHANGING AND SHOWERS

The competitions take place in a protected area where we are not allowed to let out any draining water. Thus we cannot offer showers and instead suggest you use your accommodations for changing and showers. Or use a wet cloth.

POSTS

All competition posts have proper building with a Sportident unit and a real flag. The permanent O-arrangements in terrain instead have plastic flags of training model.

MAPS

Maps use scale 1:15.000 (HD16-HD21), 1:10.000 (HD10-HD14, HD35-HD65, U, Ö) and 1:7.500 (HD70-HD85).

On the middle distance, everybody get 1:10.000 except HD70-HD85 who get 1:7.500. Sprint map scale is 1:5.000.

NATURE PROTECTED AREA

Please notice that much of our competition areas take place in the Stådjan-Nipfjället nature protected area, which i.g. means that dogs must be on leash.

SPORTIDENT TAGS

Please check that your tag number is correct in all startlists! You can rent Sportident tags for 32SEK/day.

START

At the start, control descriptions and maps are handed out separately. Staple guns behind the maps. On Fjäll-OL and 3-days 1st and 2nd day, there are two starts.

RESULTS

Results are web-published on www.kart-bosse.se Results are also announced at the Event center, where resultlists are handed out, one per cabine/ room/club. You can also buy printed splittimes.

NUMBER BIBS

are worn by all competitors except for Open classes. Same number bib is used all days of 3-days.

STARTLISTS

can be found on the wall at Event center and on www.kart-bosse.se/idrefjall

COMPETITION CENTERS (CC) each day

see map on the wall at Event center or www.kart-bosse.se (filed under "Idreveckan/O-Week").

26.6 IDRE FJÄLL-OL

Individual start. First start 10 am. CC at summer parking space (where the road ends), Nipfjället, 10km from Idre Fjäll. Distance CC-start1 is 800m Classes: H10, D10, H12K, D12K, U1, U2, Ö1, H12, D12, H14K, D14K, Ö2. Distance CC-start2 is 600m. All classes but above.

27.6 FJÄLL-SPRINT

First start 10am. CC at summer parking space (where the road ends), Nipfjället, 10 kms from Idre Fjäll. Distance CC-start 900m. This sprint is solely in the wild, why standard clothing shall be used.

28.6 – 29.6 – 30.6 IDRE 3-DAYS

Individual 3-day orienteering. Lotted start day 1 and 2, chasing start according to accumulated time differences day 3. You are allowed to run all days regardless of correct or incorrect results. CCs are announced on wall at Event center and on www.kart-bosse.se. First start 10 am each day.

Day 1, CC on Tannen parking space, 2 kms west of Idre Fjäll.

Distance CC-start 1: 400m path. (All classes but the ones listed below.)

Distance CC-start 2: 600m road. (Classes H10, D10, H12Kort, D12Kort, U1, U2, Ö1.)

Day 2, CC at foot of Aske ski lift, 1000m from main building, Idre Fjäll. Walk from main building parking space. Distance CC-start 200m.

Distance CC-start 1: 600m (All classes but the ones listed below.)

Distance CC-start 2: 200m. (Classes H10, D10, H12Kort, D12Kort, U1, U2, Ö1, H12, D12, H14Kort, D14Kort, Ö2.)

Day 3, CC at Nordliften, 8 kms from Main building Idre Fjäll. Distance CC-start 1700m.

MINIOR COURSE all days but on Fjäll-sprinten.

CHILD CARE available all days.

MAPS AND TRAINING PACKAGES

In the terrain, there are permanent controls on areas Slättvålen and Fjällbäcken. These, and the more easy Naturpasset can be bought in the Sporthall or at the Event center.

DRAW YOUR ROUTE CHOICES!

We'd love you to drop by the event center and draw your route choices! Your adventures are all interesting, regardless of age, class or performance. A number of courses complete with route choices and Kart-Bosse's comments each year turn up on www.kart-bosse.se.